

EFFECTS OF ELECTRONIC MODULE INTERVENTION ON TEACHERS' KNOWLEDGE, BELIEFS AND PRACTICES IN DRUG ABUSE PREVENTION AMONG BALIKPAPAN HIGH SCHOOL STUDENTS, INDONESIA

By

GHOZALI

Thesis Submitted to the School of Graduate Studies Universiti Putra Malaysia, in Fulfilment of the Requirements for the Degree of Doctor of Philosophy

All material contained within the thesis, including without limitation text, logos, icons, photographs and all other artwork, is copyright material of Universiti Putra Malaysia unless otherwise stated. Use may be made of any material contained within the thesis for non-commercial purposes from the copyright holder. Commercial use of material may only be made with the express, prior, written permission of Universiti Putra Malaysia.

Copyright © Universiti Putra Malaysia

Abstract of thesis presented to the Senate of Universiti Putra Malaysia in fulfilment of the requirement for the degree of Doctor of Philosophy

EFFECTS OF ELECTRONIC MODULE INTERVENTION ON TEACHERS' KNOWLEDGE, BELIEFS AND PRACTICES IN DRUG ABUSE PREVENTION AMONG BALIKPAPAN HIGH SCHOOL STUDENTS, INDONESIA

By

GHOZALI

May 2019

Chairman : Ahmad Azuhairi Ariffin,PhD Faculty : Medicine and Health Sciences

In spite of the widely campaign against drugs has been conducted, the problem of drug abuse stays at a very bothering level. In 2017, the number of drug abusers in Indonesia was 3,367,154 people or 1.77% of the population age 10-59 years, where East Kalimantan was ranked third out of 34 provinces with the prevalence of 2.12%. This study was aimed to develop and evaluate the effects of intervention using electronic module on teachers' knowledge, beliefs, and practices in drug abuse prevention.

An interventional study was conducted towards teachers in selected public junior high schools. A cluster random sampling was used to select schools in this study. A total of 260 teachers was involved in this study, 128 teachers in the group 1 and 132 teachers in group 2. Teachers' knowledge, beliefs and practices of drug abuse prevention were measured using questionnaires at three times, baseline before intervention given, posttest 1 at one month after intervention and post-test 2 at six months after intervention. Electronic module of drug abuse was applied to group 1, while the usual printed one for group 2. Sociodemographic and baseline data were analyzed descriptively. Paired-t and Wilcoxon Test were used to analyzed effects of intervention towards teacher's knowledge, beliefs and practices within group, while independent-t and Mann Whitney U Test were used to compare the effects between 2 groups. Effects of intervention between and within group then was analyzed using two-way repeated measures ANOVA.

Knowledge, beliefs, and practices at six months after intervention were significantly higher rather than at baseline (P<0.05). There were no significant differences between groups in mean of knowledge and practices at six month after intervention (P>0.05), while the mean score of beliefs in electronic module group was significantly higher than printed module group (P<0.001).

Within group comparison showed that electronic module significantly increased teachers' beliefs and practices from baseline to one month and from one month to six month. The different condition for the knowledge, there was significant improvement from baseline to one month, but decreased from one month to six months. Printed module continuously increased teachers' knowledge and practices but not for beliefs. There was significant increased of teachers' beliefs from baseline to one month, but no significant changes from one month to six months.

Based on consistency of results, educational intervention using electronic module was better than usual printed module in improving teachers' beliefs, but not for teachers' knowledge. Electronic and printed modules have the almost equal positive effect on teachers' practices. Intervention using electronic module was significantly increased teachers' knowledge, beliefs, and practices in drug abuse prevention.

Keywords: electronic module, drug abuse prevention, teachers' knowledge, beliefs and practices

Abstrak tesis yang dikemukakan kepada Senat Universiti Putra Malaysia sebagai memenuhi keperluan untuk ijazah Doktor Falsafah

KESAN INTERVENSI MODUL ELEKTRONIK TERHADAP PENGETAHUAN, KEPERCAYAAN DAN AMALAN GURU MENGENAI PENCEGAHAN DADAH PADA MURID SEKOLAH MENENGAH BALIKPAPAN, INDONESIA

Oleh

GHOZALI

Mei 2019

Pengerusi : Ahmad Azuhairi Ariffin, PhD Fakulti : Perubatan dan Sains Kesihatan

Walaupun kempen meluas terhadap dadah telah dijalankan, masalah penyalahgunaan dadah tetap pada tahap yang sangat mengganggu. Pada tahun 2017, bilangan penyalahguna dadah di Indonesia adalah 3,367,154 orang atau 1.77% daripada penduduk umur 10-59 tahun, dimana Kalimantan Timur menduduki tempat ketiga daripada 34 wilayah dengan kelaziman 2.12%. Kajian ini bertujuan untuk membangun dan menilai kesan intervensi menggunakan modul elektronik dalam meningkatkan pengetahuan, kepercayaan, dan amalan guru dalam pencegahan penyalahgunaan dadah.

Kajian intervensi dijalankan ke arah guru-guru di sekolah menengah awam terpilih. Pensampelan rawak cluster digunakan untuk memilih sekolah dalam kajian ini. Sejumlah 260 guru terlibat dalam kajian ini, 128 guru dalam kumpulan 1 dan 132 guru dalam kumpulan 2. Pengetahuan, kepercayaan dan amalan guru terhadap pencegahan penyalahgunaan dadah diukur dengan menggunakan soal selidik pada tiga kali pengukuran, data asas sebelum intervensi diberikan, ujian pasca 1 pada satu bulan selepas intervensi dan ujian pasca 2 pada enam bulan setelah intervensi. Modul elektronik penyalahgunaan dadah telah digunakan untuk kumpulan 1, sementara modul biasa yang dicetak untuk kumpulan 2. Data sosiodemografi dan garis dasar dianalisis secara deskriptif. Paired-t dan Wilcoxon Test digunakan untuk menganalisis kesan intervensi terhadap pengetahuan, kepercayaan dan amalan guru dalam kumpulan, manakala ujian bebas-t dan Mann Whitney U digunakan untuk membandingkan kesan antara 2 kumpulan. Kesan intervensi diantara dan didalam kumpulan kemudian dianalisis dengan menggunakan ANOVA berulang dua langkah.

Pengetahuan, kepercayaan, dan amalan pada enam bulan selepas intervensi adalah lebih tinggi daripada pada asas dalam kedua-dua kumpulan (P <0.05). Tidak ada perbezaan

yang bermakna antara kumpulan dalam pengetahuan dan amalan pada enam bulan selepas intervensi (P>0.05), manakala terdapat perbezaan yang signifikan dalam skor kepercayaan (P <0.001), nilai min kepercayaan dalam kumpulan modul elektronik lebih tinggi daripada kumpulan modul cetak.

Perbandingan dalam kumpulan menunjukkan bahawa modul elektronik telah meningkatkan kepercayaan dan amalan guru dari awal hingga satu bulan dan dari satu bulan hingga enam bulan. Keadaan yang berbeza untuk pengetahuan, terdapat peningkatan yang signifikan dari asas hingga satu bulan, tetapi menurun dari satu bulan hingga enam bulan. Modul cetak secara berterusan meningkatkan pengetahuan dan amalan guru tetapi tidak untuk kepercayaan. Terdapat peningkatan kepercayaan guru dari asas kepada satu bulan, tetapi tiada perubahan signifikan dari satu bulan hingga enam bulan.

Berdasarkan konsistensi hasil, intervensi pendidikan menggunakan modul elektronik adalah lebih baik daripada modul cetak dalam meningkatkan kepercayaan guru, tetapi bukan untuk pengetahuan guru. Modul elektronik dan cetak mempunyai kesan positif hampir sama pada amalan guru. Intervensi menggunakan modul elektronik telah meningkatkan secara bermakna pengetahuan, kepercayaan, dan amalan guru dalam pencegahan penyalahgunaan dadah.

Kata kunci: modul elektronik, pencegahan penyalahgunaan dadah, pengetahuan, kepercayaan dan amalan guru

ACKNOWLEDGEMENTS

I would like to express my gratitude to the following people and organizations who made it possible for me to conduct this study and complete my thesis: Dr. Ahmad Azuhairi Ariffin, Assoc. Prof. Faisal Bin Ibrahim, Assoc. Prof. Nor Afiah Binti Mohd Zulkefli, Prof. Dr. Bambang Setiaji, East-Kalimantan Provincial Government, Universitas Muhammadiyah Kalimantan Timur, Badan Narkotika Nasional Kalimantan Timur, Badan Kesbangpol Balikpapan, and Dinas Pendidikan Kota Balikpapan.

Finally, I wish to acknowledge all of participants in this study from Balikpapan and Samarinda who took the time to participate in this project.

I certify that a Thesis Examination Committee has met on 9 May 2019 to conduct the final examination of Ghozali on his thesis entitled "Effects of Electronic Module Intervention on Teachers' Knowledge, Beliefs and Practices in Drug Abuse Prevention Among Balikpapan High School Students, Indonesia" in accordance with the Universities and University Colleges Act 1971 and the Constitution of the Universiti Putra Malaysia [P.U.(A) 106] 15 March 1998. The Committee recommends that the student be awarded the Doctor of Philosophy.

Members of the Thesis Examination Committee were as follows:

Hejar binti Abd. Rahman, PhD

Associate Professor Faculty of Medicine and Health Sciences Universiti Putra Malaysia (Chairman)

Suriani binti Ismail, PhD

Associate Professor Faculty of Medicine and Health Sciences Universiti Putra Malaysia (Internal Examiner)

Rosliza binti Abdul Manaf, PhD

Associate Professor Faculty of Medicine and Health Sciences Universiti Putra Malaysia (Internal Examiner)

Akm Fazlur Rahman, PhD

Professor
Department of Epidemiology
Bangladesh University of Health Sciences
Bangladesh
(External Examiner)

ROBIAH BINTI YUNUS, PhD

Professor and Dean School of Graduate Studies Universiti Putra Malaysia

Date: 4 September 2019

This thesis was submitted to the Senate of Universiti Putra Malaysia and has been accepted as fulfilment of the requirement for the degree of Doctor of Philosophy.

The members of the Supervisory Committee were as follows:

Ahmad Azuhairi Ariffin

Senior Lecturer Faculty of Medicine and Health Sciences Universiti Putra Malaysia (Chairman)

Nor Afiah binti Mohd Zulkefli, PhD

Associate Professor Faculty of Medicine and Health Sciences Universiti Putra Malaysia (Member)

Dato' Faisal bin Ibrahim

Associate Professor Faculty of Medicine and Health Sciences Universiti Putra Malaysia (Member)

Stefanus Supriyanto

Professor Faculty of Public Health Airlangga University (Member)

ROBIAH BINTI YUNUS, PhD

Professor and Dean School of Graduate Studies Universiti Putra Malaysia

Date:

Declaration by graduate student

I hereby confirm that:

- this thesis is my original work;
- quotations, illustrations and citations have been duly referenced;
- this thesis has not been submitted previously or concurrently for any other degree at any other institutions;
- intellectual property from the thesis and copyright of thesis are fully-owned by Universiti Putra Malaysia, as according to the Universiti Putra Malaysia (Research) Rules 2012;
- written permission must be obtained from supervisor and the office of Deputy Vice-Chancellor (Research and Innovation) before thesis is published (in the form of written, printed or in electronic form) including books, journals, modules, proceedings, popular writings, seminar papers, manuscripts, posters, reports, lecture notes, learning modules or any other materials as stated in the Universiti Putra Malaysia (Research) Rules 2012;
- there is no plagiarism or data falsification/fabrication in the thesis, and scholarly integrity is upheld as according to the Universiti Putra Malaysia (Graduate Studies) Rules 2003 (Revision 2012-2013) and the Universiti Putra Malaysia (Research) Rules 2012. The thesis has undergone plagiarism detection software.

Signature:	Date: <u>16 September 2019</u>
Name and Matric No.: Ghozali G	<u>S32021</u>

Declaration by Members of Supervisory Committee

This is to confirm that:

- the research conducted and the writing of this thesis was under our supervision;
- supervision responsibilities as stated in the Universiti Putra Malaysia (Graduate Studies) Rules 2003 (Revision 2012-2013) are adhered to.

a.				
\ 1	Orr	OI	1111	α .
\mathcal{O}_{1}	gr	lat	ш	U.

Name of Chairman of

Supervisory

Committee:

Dr. Ahmad Azuhairi Ariffin

Signature:

Name of Member of

Supervisory

Committee:

Assoc. Prof. Nor Afiah binti-

Mohd Zulkefli, Ph.D

Signature:

Name of Member of

Supervisory

Committee:

Assoc. Prof. Dr. Dato' Faisal bin

Ibrahim

Signature:

Name of Member of

Supervisory

Committee:

Prof. Dr. Stefanus Supriyanto

TABLE OF CONTENTS

			Page
ABST	RACT		i
ABST			iii
		DGEMENTS	\mathbf{v}
	OVAL		vi
DECL	ARATI	ON	viii
TABL	E OF C	ONTENT	X
LIST (OF TAB	LES	xiii
LIST (OF FIGI	URES	xiv
		REVIATIONS	XV
LIST (OF APP	ENDICES	xvi
CHAP	TER		
1	INTR	ODUCTION	
	1.1	Background	1
	1.2	Problem statement	4
	1.3	Significance of study	6
	1.4	Research questions	6
	1.5	Objectives of the study	6
	1.6	Research hypotheses	7
2	LITE	RATURE REVIEW	
	2.1	Introduction	8
	2.2	Drug abuse	8
	2.3	Drug types	9
	2.4	Risk and protective factors	9
	2.5	Epidemiology of drug abuse	10
		2.5.1 Global perspective	10
	2.6	2.5.2 Situation in Indonesia	11
	2.6	Drug abuse prevention	12
		2.6.1 Global perspective	12
		2.6.2 Situation in Indonesia	13 13
		2.6.2.1 Non-school based prevention.2.6.2.2 School based prevention	13
	2.7	Factors influence practices in drug abuse prevention	13
	2.1	2.7.1 Knowledge about drug abuse and the	17
		prevention	14
		2.7.2 Teachers' beliefs about drug abuse and the.	
		prevention	15
	2.8	Health Belief Model	16
	2.9	Health Belief Model studies on drug abuse and	17
		the prevention	·
	2.10	Learning module	19
		2.10.1 The advantages of using module	19
		2.10.2. Electronic module	20
	2.11	Conceptual framework	21

3 MATERIALS AND METHODS

	3.1	Location of study	22
	3.2	Study design	23
	3.3	Study population	24
		3.3.1 Inclusion and exclusion criteria	24
		3.3.2 Sample size calculation	24
		3.3.3 Sampling frame	25
		3.3.4 Sampling method	25
		3.3.5 Randomization	25
	3.4	Variables of study	25
	3.5	Operational definition of variables	26
	3.6	Research instruments	26
		3.6.1 Intervention module	26
		3.6.2 Questionnaire	27
	3.7	Quality control of research instruments	28
		3.7.1 Validity and reliability of intervention module	28
		3.7.2 Validity and reliability of questionnaire.	28
	3.8	Implementation of intervention	29
		3.8.1 Electronic module	29
		3.8.2 Printed module	29
	3.9	Compliance of participants	29
	3.10	Statistical analysis	30
	3.11	Ethical approval	30
4	RESU	ILTS	
•	4.1	Sociodemographic characteristics of study	
		participants	32
	4.2	Participants' knowledge, beliefs, and practices	
		on drug abuse prevention at baseline	32
	4.3	Within group comparison of changes in participants'	
		knowledge, beliefs, and practices from baseline to	
		one month after intervention	34
	4.4	Within group comparison of changes in participants'	
		knowledge, beliefs, and practices from baseline to six	
		months after intervention	35
	4.5	Within group comparison of changes in participants'	
		knowledge, beliefs, and practices from one month	
		to six months after intervention	35
	4.6	Between groups comparison of mean changes in	
		participants' knowledge, beliefs, and practices from	
		baseline to one month after intervention	37
	4.7	Between groups comparison of mean changes in	
	•••	participants' knowledge, beliefs, and practices from	
		baseline to six months after intervention	38
	4.8	Between groups comparison of mean changes in	50
	****	participants' knowledge, beliefs, and practices from	
		one month to six months after intervention.	39
	4.9	Between and within group comparison of	37
	1.7	knowledge	40
		11110 1110450	- 10

	4.10	Between and within group comparison of beliefs	42
	4.11	Between and within group comparison of practice	44
5	DISC	USSIONS	
	5.1	Effects of intervention on teachers' knowledge	46
	5.2	Effects of intervention on teachers' beliefs.	48
	5.3	Effects of intervention on teachers's practices	
		of drugs abuse prevention	50
6	CON	CLUSIONS AND RECOMMENDATIONS	
	6.1	Conclusions	52
	6.2	Recommendations	53
	6.3	Strength of study	54
	6.3	Study limitations	54
REF	ERENCE	S	56
BIO	DATA OF	FSTUDENT	118
LIST	COF PUB	ELICATIONS	119

LIST OF TABLES

Table		Page
3.1	Information Used in Sample Size Calculation	24
3.2	Statistical Analysis	30
4.1	Comparison of sociodemograpfic factors between study groups	33
4.2	Comparison of Participant's knowledge, beliefs and	
	practice in drug abuse prevention between groups	33
4.3	Comparison of Participant's knowledge, beliefs and	
	practice between one month and six months	34
4.4	Comparison of Participant's knowledge, beliefs and	
	both groups from baseline to six month	35
4.5	Comparison of Participant's knowledge, beliefs and	
	practice between one month and six months	36
4.6	Between group comparison of mean changes of knowledge,	
	beliefs and practices from baseline to one month	37
4.7	Comparison of mean changes in Participant's knowledge,	
	beliefs and practice from baseline to six month	38
4.8	Between group comparison of mean changes of knowledge,	
	beliefs and practices from one month to six month	39
4.9	Pairwise comparison of mean scores of knowledge between	
	study group for each time of measurement	41
4.10	Pairwise comparison of knowledge scores within group at	
	baseline (1), one month after intervention (2) and six	
	month after intervention (3)	41
4.11	Pairwise comparison of mean scores of beliefs between	
	study group for each time of measurement	43
4.12	Pairwise comparison of beliefs scores within group at	
	baseline (1), one month after intervention (2) and six	
	month after intervention (3)	43
4.13	Pairwise comparison of mean scores of practice between	
	study group for each time of measurement	44
4.14	Pairwise comparison of practice scores within group at	
	baseline (1), one month after intervention (2) and six	
	month after intervention (3)	45

LIST OF FIGURES

Figure		Page
2.1	Images of brain development in healthy children	9
2.2	Health Belief Model	17
2.3	Conceptual framework	21
3.1	Flowchart of study design and evaluation	23
4.1	Flowchart of enrollment and retention	32
4.2	Plot of teachers' knowledge over times of measurement	40
4.3	Plot of teachers' beliefs over times of measurement	42
4.4	Plot of teachers' practices over times of measurement	44

LIST OF ABBREVIATIONS

AAS Anabolic Androgenic Steroids

ANOVA Analysis of Variance

ATS Amphetamine Types Stimulant

BNN Badan Narkotika Nasional (National Narcotics Board)
BPS Badan Pusat Statistik (Central Bureau of Statistics)

CD Compact Disc
E-book Electronic book
HBM Health Belief Model
IDU Injecting Drug User
NEP Needle Exchange Program
NIDA National Institute of Drug Abuse
NPS New Psychoactive Substances

UNGASS United Nations General Assembly Special Session

UNODC United Nations Office on Drugs and Crime

USB Universal Serial Bus

WHO World Health Organization

LIST OF APPENDICES

Appendix		Page
A	Questionnaires	65
В	Intervention Module	74
C	Letter of Approval to Conduct Study	116
D	Ethical Approval	117