

# LAMPIRAN

## Lampiran 1

### BIODATA PENELITI



#### A. Data Pribadi

Nama : Dendi Kuswanto

Tempat tanggal lahir : Cempedas, 21 Februari 2000

Alamat asal : Jalan Trans Kalimantan, Kampung Cempedas,  
Muara Lawa

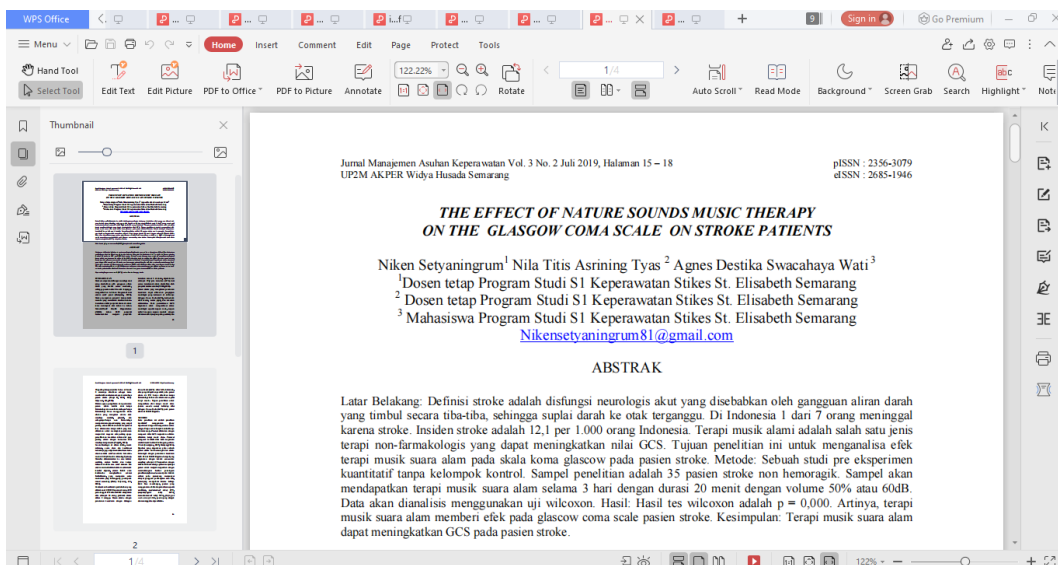
Alamat di Samarinda : Jalan Rapak Indah 2, Gang. Syukur, RT. 41, No.11

#### B. Riwayat Pendidikan Formal

1. Tamat SD : Tahun 2012 Di SDN 004 Muara Lawa
2. Tamat SMP : Tahun 2015 Di SMPN 01 Muara Lawa
3. Tamat SMA : Tahun 2018 Di SMK Kesehatan Samarinda

## Lampiran 2

### SCREENSHOOT PENCARIAN JURNAL DI GOOGLE SCHOLAR



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**EFEKTIFITAS TERAPI AIUEO DAN TERAPI *THE TOKEN TEST* TERHADAP KEMAMPUAN BERBICARA PASIEN STROKE YANG MENGALAMI AFASIA MOTORIK DI RS MARDI RAHAYU KUDUS.**

**Ita Sofiatun<sup>\*)</sup>, Sri Puguh Kristiyawati<sup>\*\*)</sup>, S. Eko Ch. Purnomo<sup>\*\*\*)</sup>**

*\*)Alumni Program Studi S.1 Ilmu Keperawatan STIKES Telogorejo Semarang  
\*\*)Dosen Program Studi S.1 Ilmu keperawatan STIKES Telogorejo Semarang  
\*\*\*)Dosen Program Studi Keperawatan Polekes Kemenkes Semarang*

**ABSTRAK**

Menurut Departemen Kesehatan Republik Indonesia angka kejadian stroke mencapai angka 8,3 per 1.000 penduduk. Apabila tidak ada upaya penanggulangan stroke yang lebih baik maka jumlah penderita stroke di Indonesia pada tahun 2020 diprediksikan akan meningkat 2 kali lipat. Apabila terjadi lesi di area broca, pasien akan mengalami gangguan bicara dan akan terjadi afasia motorik. Salah satu penanganannya adalah terapi AIUEO untuk latihan gerak lidah, bibir, pengucapan kata-kata, dan terapi *the token test* untuk pengucapan kata-kata. Penelitian ini bertujuan untuk mengetahui efektifitas terapi AIUEO dan terapi *the token test* terhadap kemampuan berbicara pasien stroke

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**THE EFFECT OF THE BALL GRASPING THERAPY ON THE STRENGTH OF UPPER LIMB MUSCLES IN POST-STROKE PATIENTS FROM STELLA MARIS HOSPITAL IN MAKASSAR**

**Henny Pongantung<sup>\*</sup>, Rosdewi, Armila Ruthniansih, Asniati**  
**STIK Stella Maris Makassar**  
**\*Corresponding author: hennypongantung@gmail.com**

**ABSTRACT**

Muscle weakness and physical disability are the main problems that occur in post-stroke patients so that patients will become dependent on others. Muscle strength training is needed so that patients can gradually use their extremities to hold or lift heavier weights to increase independence in carrying out daily activities. The purpose of this study was to increase the strength of upper limb muscles in post-stroke patients through the ball grasping exercise. The design of this study was pre-experimental design with one group pre-post test. The group consists of 14 male and female post non-hemorrhagic stroke respondents who experienced weakness of the upper extremity, aged between 44-75 years. The grasping ball exercise was done every day in the morning and evening with duration of 30 seconds for four weeks. The muscles strength was measured using handgrip dynamometer before and after the intervention. The data were analyzed using paired sample t-test with a significance level of  $\alpha = 0.05$ . The average muscle strength before intervention was 0.936 and the average value of muscle strength after intervention was 2.271 ( $p = 0.024$ ). This data showed that there's an effect of the ball grasping therapy on the strength of the upper limb muscles in post-stroke patients. Based on the results, it is recommended that health workers to use the ball grasping exercise as an intervention to increase the arm strength.

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

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**Iranian Journal of Rehabilitation Research in Nursing**  
Spring 2021, Volume 7, Issue 3

**Iranian Nursing Association**

**Research Paper**

**The Effect of Static Magnet Therapy on Pain-Free Shoulder Passive Range of Motion in Patients with Shoulder Subluxation after Stroke: A Randomized Clinical Trial**

**Shima Shirozhan<sup>1</sup> , Asghar Dalvandi<sup>2</sup> , MohammadAli Hosseini<sup>3</sup> , Mahdieh Sedighi Pashaki<sup>4</sup> , Seyed Ahmad Raeissadat<sup>5</sup> , Mahdi Rahgozar<sup>6</sup> **

<sup>1</sup> Ph.D. Student, Department of Nursing, University of Social Welfare and Rehabilitation Sciences (USWR), Tehran, Iran  
<sup>2</sup> Associate Professor, Department of Nursing, Islamic Azad University, Tehran Medical Branch and University of Social Welfare and Rehabilitation Sciences (USWR), Tehran, Iran  
<sup>3</sup> Associate Professor, Department of Nursing, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran  
<sup>4</sup> Master of Rehabilitation Nursing, Imam Khomeini Hospital Complex, Tehran, Iran  
<sup>5</sup> Associate Professor, Clinical Development Research Center of Shahid Modarres Hospital, Physical Medicine and Rehabilitation Research Center and Department, Shahid Beheshti University of Medical Sciences, Tehran, Iran

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Jurnal Keperawatan Galuh, Vol.2 No.2 (2020) ISSN: 2656-4122

**JK** Jurnal Keperawatan Galuh

<https://jurnal.unigal.ac.id/index.php/JKG/article/view/4538>

**HUBUNGAN DUKUNGAN KELUARGA DENGAN TINGKAT KEMANDIRIAN DALAM SELF CARE (PERAWATAN DIRI) PADA PENDERITA STROKE DI WILAYAH KECAMATAN CIAMIS**

Nisa Sugiharti<sup>1</sup>, Tita Rohita<sup>2</sup>, Nina Rosdiana<sup>3</sup>, Dedeng Nurkholik<sup>4</sup>

<sup>1,2,3,4</sup> Program Studi Ilmu Keperawatan Fakultas Ilmu Kesehatan Universitas Galuh, Indonesia  
(Sejarah artikel: Diserahkan Mei 2020, Diterima Juni 2020, Diterbitkan Juli 2020)

**ABSTRAK**

Stroke adalah kondisi yang terjadi ketika pasokan darah ke otak terganggu atau berkurang akibat penyumbatan (stroke iskemik) atau pecahnya pembuluh darah (stroke hemoragik). Tanpa darah, otak tidak akan mendapatkan asupan oksigen dan nutrisi, sehingga sel-sel pada sebagian area otak akan mati. Kondisi ini menyebabkan bagian tubuh yang dikendalikan oleh area otak yang rusak tidak dapat berfungsi dengan baik. Prevalensi penyakit stroke pada kelompok yang didiagnosis dokter menurut karakteristik bahwa gejala meningkat seiringnya bertambahnya umur, tertinggi pada umur  $\geq 75$  tahun (50,2%). Prevalensi stroke terjadi lebih tinggi pada jenis kelamin laki - laki (11,0%) dan pada perempuan (10,9%). Prevalensi perkotaan lebih

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Journal of Telenursing (JOTING)  
Volume 1, Nomor 2, Desember 2019  
e-ISSN: 2684-8988  
p-ISSN: 2684-8996  
DOI: <https://doi.org/10.31539/joting.v1i2.985>

**IPM2KPE** JOURNAL

**PENINGKATAN KEKUATAN OTOT PASIEN STROKE NON HEMORAGIK DENGAN HEMIPARESE MELALUI LATIHAN RANGE OF MOTION (ROM) PASIF**

Elsi Rahmadani<sup>1</sup>, Handi Rustandi<sup>2</sup>  
Universitas Dehasen<sup>1,2</sup>  
[elsirahmadani@yahoo.co.id](mailto:elsirahmadani@yahoo.co.id)

**ABSTRAK**

Penelitian ini bertujuan untuk Analisis Peningkatan Kekuatan Otot pada Pasien Stroke Non-Hemoragik dengan hemiparese melalui latihan pasif Range of Motion (ROM) di Rumah Sakit Curup Bengkulu 2019. Metode penelitian ini menggunakan desain Quasi Experiment desain pre dan post test design. Hasil penelitian ini menunjukkan nilai rata-rata kekuatan otot pre-test dan post-test, meningkat pada kelompok intervensi dan tidak

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Jurnal Ilmu Keperawatan Medikal Bedah Vol. 4 (1), Bulan Mei Tahun 2021, Hal. 13-24  
ISSN 2338-2058 (print), ISSN 2621-2986 (online)

**EFEKTIVITAS MIRROR THERAPY TERHADAP PENINGKATAN KEKUATAN OTOT PADA PASIEN POST STROKE: LITERATUR REVIEW**

Arista Maisyaroh, Kharisma Nur Azizah, Achlis Abdillah, Rizeki Dwi Fibransari  
Prodi D3 Keperawatan Fakultas Keperawatan, Universitas Jember

Corresponding Author: [aristamaisyaroh@unej.ac.id](mailto:aristamaisyaroh@unej.ac.id)

**ABSTRACT**

Stroke is a neurological deficit that can decrease the function of the musculoskeletal. Mirror therapy, as a role in the use of visual optic illusion, gives the visual brain stimulation and can influence muscle growth in motor functions of extremities. The literature review is intended to determine the effectiveness of mirror therapy in patients' increased muscle strength. The methods used PRISMA checklist, and PICOS in alignment identified the criteria of inclusion. Data collection with six electronic databases: EBSCO, Springer, Pubmed, Science Direct, and Taylor&Francis. Found 1,278 articles, passed through 2016-2020. The report came to 1,270 with inclusions. Then, duplicated, there are 42 separate articles excommunicated. Screening on title and abstract totaling 942 articles out of context. Article number 268 instead of the full text. A total of 20 items could be reviewed. The result, effective mirror therapy is administered to all types of patients with hemiparastic. Mirror therapy performed 15-60 minutes a day, frequency 3-5 days a week 2-12 weeks with a minimum muscle strength two, and ambulation between 3-5. Mirror therapy can also affect the patient's loss of limb pain.

Keyword: Lower Limb, Mirror Therapy, Stroke, Upper Limb

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**PROFESSIONAL HEALTH JOURNAL**  
Volume 2, No. 1, Desember 2020 (Hal. 144-156)  
<https://www.ojsstikesbanyuwangi.com/index.php/PHJ>

**Pengaruh Akupresur Stroke 14 Titik Terhadap Rentang Gerak Ekstremitas Atas Dan Bawah Pada Pasien Stroke Non Hemoragik**

**Lalu Hersika Asmawariza<sup>a</sup>, Reza Indra Wiguna<sup>b</sup>**

<sup>a</sup> Program Studi S1 Keperawatan, Fakultas Kesehatan, Universitas Qamarul Huda Badaruddin  
Email : [laluhersikariza@gmail.com](mailto:laluhersikariza@gmail.com)

**Abstract**  
*Decreased limb function is one of the complications that often occurs in non-hemorrhagic stroke patients who experience hemiparesis as a result of limited joint motion in the upper and lower extremities. Acupressure is useful in improving extremity function by increasing the movement of qi (vital energy) flow in the body, but acupressure has never been done by nurses in hospital care rooms as a therapy to prevent and overcome motor function complications in non-hemorrhagic stroke patients.*

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### Lampiran 3

#### **SURAT PERNYATAAN MENGGUNAKAN *LITERATURE REVIEW***

Assalamualaikum Wr.Wb

Saya yang bertanda tangan dibawah ini :

Nama : Dendi Kuswanto  
NIM : 1811102416017  
Program Studi : DIII Keperawatan  
Judul : GAMBARAN TERAPI KOMPLEMENTER  
PADA PASIEN STROKE NON  
HEMORAGIK : *LITERATURE REVIEW*

Dengan surat ini saya menyatakan bahwa saya menggunakan *Literature Review*.

Demikian permohonan yang saya sampaikan, atas perhatiannya saya ucapkan terimakasih.

Wassalamu'alaikum Wr. Wb

Samarinda, 08 Juli 2021

Pembimbing



**Burhanto, SST., M.Kes**  
NIDN : 1118047101

Pemohon



**Dendi Kuswanto**  
NIM : 1811102416017

Mengetahui,

**Ketua Program Studi D3 Keperawatan**



**Ns. Ramdhany Ismahjudi, S.Kep..MPH**  
NIDN : 1110087901

## Lampiran 4

### LEMBAR KONSUL

Judul KTI : Gambaran Terapi Komplementer Pada Pasien Stroke  
Non Hemoragik : *Literature Review*

Pembimbing : Burhanto, SST, M.Kes

No.	Tanggal	Konsultasi	Hasil Konsultasi	Paraf
1.	11 Februari 2021	Konsultasi Judul KTI (Via Google Meet)	Lanjutkan mencari judul yang tepat	
2.	17 Februari 2021	Konsultasi Jurnal(Via Google Meet)	Lanjutkan mencari jurnal KTI yang tepat	
3.	20 Februari 2021	Konsultasi Judul KTI	ACC Judul KTI	
4.	22 Februari 2021	Konsultasi Jurnal KTI	ACC Jurnal KTI	
5.	22 Mei 2021	Konsultasi Bab 1 dan Bab 2	Revisi Bab 1	



6.	27 Mei 2021	Konsultasi Manfaat Teoritis dan Praktis	Revisi Manfaat Teoritis dan Praktis	
7.	4 Juni 2021	Konsultasi Bab 2	Revisi Bab 2	
8.	7 Juni 2021	Konsul Materi KTI	Lanjutkan Merapikan dan Menambahkan Materi KTI	
9.	12 Juni 2021	Konsul bab 3	Revisi Bab 3	
10.	13 Juni 2021	Konsultasi Bab 1-5	Revisi Bab 4	
11.	17 Juni 2021	Konsultasi Bab 1-5	Revisi Bab 1-5	
12	17 Juni 2021	Meminta TTD persetujuan KTI	TTD Pemimbing, Koordinator, Kaprodi dan Penguji KTI	

Lampiran 5

HASIL UJI PLAGIASI

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GAMBARAN TERAPI  
KOMPLEMENTER PADA PASIEN  
STROKE NON HEMORAGIK :  
LITERATURE REVIEW

*by* Dendi Kuswanto

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**Submission date:** 12-Jul-2021 12:13PM (UTC+0700)  
**Submission ID:** 1618557039  
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**Word count:** 5056  
**Character count:** 32733

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## GAMBARAN TERAPI KOMPLEMENTER PADA PASIEN STROKE NON HEMORAGIK : LITERATURE REVIEW

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### ORIGINALITY REPORT

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### PRIMARY SOURCES

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