

DAFTAR PUSTAKA

- Al-bedah, Abdullah Mohammad, Shaban, T., & Suhaibani, A. (2016). *Safety of Cupping Therapy in Studies Conducted in Twenty One Century: A Review of Literature*. 15(8), 1–12. <https://doi.org/10.9734/BJMMR/2016/26285>
- Al-bedah, Abdullah Mohammed, Aboushanab, T. S., Alqaed, M. S., Qureshi, N. A., Suhaibani, I., Ibrahim, G., & Khalil, M. (2016). *Classification of Cupping Therapy: A Tool for Modernization and Standardization*. 1(1), 1–10. <https://doi.org/10.9734/JOCAMR/2016/27222>
- Al-Shidhani. (n.d.). *The Role of Cupping Therapy in Pain Management: A Literature Review*.
- Alifatul. (2014). *Analisis Faktor Risiko Muskuloskeletal Disorder(MSDs) Dengan Metode quick Exposure Checklist (QEC) Pada Pekerja*.
- Amin, N. A., Nordin, R., Fatt, Q. K., Noah, R. M., & Oxley, J. (2014). *Relationship between Psychosocial Risk Factors and Work-Related Musculoskeletal Disorders among Public Hospital Nurses in Malaysia*. 1–9.
- Ansari, A. P., Dar, P. A., Kalam, M. A., Rather, S. A., Arif, M., & Nasir, A. (2018). Therapeutic Effect of Inkibab (Steam application) and Hijama Muzliqa (Massage cupping) in case of Waj al-Zahr (Non-specific low back pain) - A Case Report. *Journal of Ayurvedic and Herbal Medicine*, 4(4), 150–153. <https://doi.org/10.31254/jahm.2018.4402>

- Asmarani, F. L., Gede, L., & Sancitadewi, R. (2019). *Bekam menurunkan Keluhan Myalgia*. 6(September), 636–640.
- Batham, C., & Yasobant, S. (2021). *A Risk Assessment Study on Work-Related Musculoskeletal Disorders Among Dentists in Bhopal , India*. 3, 7–9.
- Bridger, R.S. 2003. *Introduction to Ergonomics*. London : Taylor & Francis.
- Canadian Centre for Occupational Health and Safety (CCOHS). 2014. *Work-related Musculoskeletal Disorders (WMSDs)*. <https://www.ccohs.ca/oshanswers/diseases/rmirsi.html>
- Cao, H., Zhang, Y., Zhou, L., Xie, Z., Zheng, R., & Hu, H. (2020). Partially Randomized Patient Preference Trial: Comparative Evaluation of Fibromyalgia Between Acupuncture and Cupping Therapy (PRPP-FACT). *Complementary Therapies in Clinical Practice*, 41, 101255. <https://doi.org/10.1016/j.ctcp.2020.101255>
- Chiu, Y., Manousakas, I., Kuo, S. M., Shiao, J., & Chen, C. (2021). *Influence of Quantified Dry Cupping on Soft Tissue Compliance in Athletes with Myofascial Pain Syndrome*. 1–9.
- Cho Hun, Cho Young Hwi, H. S. G. (2016). *Risk Factors Associated with Musculoskeletal Symptoms in Korean Dental Practitioners*. 56–62.
- Gosavi, J. (2012). *Posturedontics: Reducing the Stress in Dentistry*. 3(December), 335–339.
- Helmina, Noor Diani, I. H. (2019). *Hubungan Umur, Jenis Kelamin, Masa Kerja Dan Kebiasaan Olahraga Dengan Keluhan Musculoskeletal*

Disorders (MSDs) Pada Perawat. 3(1), 23–30.

Jário, H., Silva, A., Medeiros, G., Scattone, R., Saragiotto, B. T., Maria, J., Oliveira, P., Tavares, Y., Alano, C., Lins, A., Cardoso, M., & Souza, D. (2021). Dry Cupping Therapy Is Not Superior to Sham Cupping to Improve Clinicaloutcomes in People with Non-Specific Chronic Low Back Pain A Randomised Trial. *Journal of Physiotherapy, 67(2)*, 132–139. <https://doi.org/10.1016/j.jphys.2021.02.013>

Karuniasih. (2009). *Tinjauan Faktor Risiko Dan Keluhan Subjektif Terhadap Timbulnya.*

Kavadar, G., Eroğlu Demir, S., Aytekin, E., & Akbal, Y. (2019). Use Of Traditional And Complementary Medicine For Musculoskeletal Diseases. *Turkish Journal of Medical Sciences, 49(3)*, 809–814. <https://doi.org/10.3906/sag-1509-71>

Khaleda, S. Al. (2018). Terapi Hijamah (Bekam) Menurut Pendekatan Sejarah Dan Sunnah. *Tesis.*

Ku, B., Jun, M., Lee, J., Jeon, Y., Kim, Y., Kang, J., Lee, Y., Kim, K., Heo, H., & Kim, J. U. (2018). *Short-Term Efficacy of Pulsed Radiofrequency Thermal Stimulation on Acupoints for Chronic Low Back Pain : A Preliminary Study of a Randomized , Single-Blinded , Placebo-Controlled Trial. 2018.*

Larasati T A, W. D. T. (2016). *Mekanisme Bekam sebagai Terapi Alternatif dalam Menurunkan Hipertensi. 5(April), 112–119.*

Lari, A., Nayab, M., Tausif, M., & Lari, J. A. H. (2020). *Efficacy of Hijamat-*

Bila-Shart (dry cupping) in Waja-uz-Zahr (Low back pain): An Open Randomized Controlled Clinical Trial. September.

Latina, R., Marinis, M. G. De, Giordano, F., Osborn, J. F., Giannarelli, D., Biagio, E. Di, Varrassi, G., Sansoni, J., Bertini, L., Baglio, G., Angelo, D. D., Baldeschi, G. C., Piredda, M., Carassiti, M., Camilloni, A., Paladini, A., Casale, G., Mastroianni, C., Notaro, P., ... So, M. (2019). *Epidemiology of Chronic Pain in the Latium Region , Italy : A Cross-Sectional Study on the Clinical Characteristics of Patients Attending Pain Clinics. 20.* <https://doi.org/10.1016/j.pmn.2019.01.005>

Lauche, R., Spitzer, J., Schwahn, B., Ostermann, T., Bernardy, K., Cramer, H., Dobos, G., & Langhorst, J. (2016). Efficacy Of Cupping Therapy In Patients With The Fibromyalgia Syndrome-A Randomised Placebo Controlled Trial. *Scientific Reports*, 6(November), 1–10. <https://doi.org/10.1038/srep37316>

Lederer, A., Maly, C., Weinert, T., & Huber, R. (2019). *Tissue Stiffness is Not Related to Pain Experience : An Individually Controlled Study in Patients with Chronic Neck and Back Pain.*

Lestari, N. K. Y. (2019). *Pengaruh Terapi Bekam Kering Terhadap Keluhan Nyeri Punggung Bawah Pada Pengerajin Wanci Di Desa Bresela Kecamatan Payangan. 3(2).*

Lowe, D. T. (2017). *Cupping therapy: An Analysis of The Effects of Suction on Skin and The Possible Influence on Human Health. September.* <https://doi.org/10.1016/j.ctcp.2017.09.008>

- Mayasari, D., Saftarina, F., Ilmu, B., Komunitas, K., Masyarakat, K., & Kedokteran, F. (2016). *Ergonomi Sebagai Upaya Pencegahan Musculoskeletal Disorders Pada Pekerja*. 1(1), 369–379.
- MD Noormohammadpour Pardis et al. (n.d.). *Prevalence Of Chronic Neck Pain, Low Back Pain And Knee Pain And Their Related Factors In Community Dwelling Adults in Iran: A Population-Based National Study*. <https://doi.org/10.1097/AJP.0000000000000396>
- NIOSH. (2018). *Musculoskeletal Health Program What*. 2018171.
- Nurhayuning, R., & Paskarini, I. (2015). *Hubungan Posisi Kerja Dengan Keluhan Muskuloskeletal Pada Unit Pengelasan PT. X Bekasi*.
- Nursalam. (2015). *Metodologi Penelitian Ilmu Keperawatan: Pendekatan Praktis Edisi 4* (Edisi 4). Salemba Medika.
- Oha, K., Animägi, L., Pääsuke, M., Coggon, D., & Merisalu, E. (2014). *Individual and Work-Related Risk Factors for Musculoskeletal Pain : A Cross-Sectional Study Among Estonian Computer Users*. 1–5.
- Padmanathan, Joseph, Omar, and N. (2016). *Prevalence of Musculoskeletal Disorders and Related Occupational Causative Factors Among Electricity Linemen : A Narrative Review*. 29(5), 725–734.
- Parawansa, N. (2020). *The Effect of Cupping Therapy on Low Back Pain*. 1(2).
- Patrick, N. (2016). Acute and Chronic Low Back Pain. *Medical Clinics of NA*, 100(1), 169–181. <https://doi.org/10.1016/j.mcna.2015.08.015>

- Pereira, L. C., & Spinoso, D. H. (2020). *Effect of Cupping Therapy on The Level of Pain and Neuromuscular Variables in Women with Low Back Pain*. July, 1–8.
- Purnama, Y. H. C. (2018). *Pengaruh Bekam Terhadap Penurunan Nyeri Pada Klien Dengan Trapezius Myalgia Pada Pekerja Angkut Di Kecamatan Jelbuk Jember*. September.
- Qureshi, N. A., Alkhamees, O. A., & Alsanad, S. M. (2018). *Cupping Therapy (Al-Hijamah) Points : A Powerful Standardization Tool for Cupping Procedures ?* 4(3), 1–13.
<https://doi.org/10.9734/JOCAMR/2017/39269>
- Risniati, Y., Afrilia, A. R., Lestari, T. W., & Siswoyo, H. (2019). *Pelayanan Kesehatan Tradisional Bekam : Kajian Mekanisme , Keamanan dan Manfaat Traditional Cupping Therapy : A Review of Mechanism , Safety and Benefits*. 3(3), 212–225.
- Robbina, M. R. (2020). *Pemodelan Penyakit Diabetes Mellitus dengan Pengaruh Bekam*. 2, 437–440.
- Rozenfeld, E., & Kalichman, L. (2016). *New Is The Well-Forgotten Old: The Use Of Dry Cupping In Musculoskeletal Medicine*. *Journal of Bodywork and Movement Therapies*, 20(1), 173–178.
<https://doi.org/10.1016/j.jbmt.2015.11.009>
- Sari, F. R. dkk. (2018). *Bekam Sebagai Kedokteran Profetik Dalam Tinjauan Hadis, Sejarah dan Kedokteran Berbasis Bukti* (Edisi 1). PT. RajaGrafindo Persada.

- Sekaaram, V., & Ani, L. S. (2017). Prevalensi Musculoskeletal Disorders (MSDs) pada Pengemudi Angkutan Umum di Terminal Mengwi, Kabupaten Badung-Bali. *Intisari Sains Medis*, 8(2), 118–124. <https://doi.org/10.1556/ism.v8i2.125>
- Septiani, A. (2017). *Faktor-faktor yang berhubungan dengan keluhan*.
- Shmagel, A., Foley, R., & Ibrahim, H. (2016). *Epidemiology of Chronic Low Back Pain in US Adults : Data From the 2009 – 2010 National Health and Nutrition Examination Survey*. 68(11), 1688–1694. <https://doi.org/10.1002/acr.22890>
- Sirotujanii, Kusbaryanto, Y. (2019). *Pengaruh Terapi Bekam Terhadap Penurunan Skala Nyeri Dan Peningkatan Kualitas Tidur Pada Pasien Low Back Pain (LBP)*. 10(1).
- Soliman, Y., Hamed, N., & Khachemoune, A. (2018). Cupping in Dermatology: A Critical Review and Update. *Acta Dermatovenerologica Alpina, Pannonica et Adriatica*, 27(2), 103–107. <https://doi.org/10.15570/actaapa.2018.21>
- Sormin, T. (2019). Pengaruh Terapi Bekam Terhadap Tekanan Darah Penderita Hipertensi. *Jurnal Ilmiah Keperawatan Sai Betik*, 14(2), 123. <https://doi.org/10.26630/jkep.v14i2.1294>
- Sugiyono. (2015). *Metode Penelitian Kombinasi (Mixed Methods)*. Alfabeta.
- Sya, A., & Fatarona, A. (2020). *Cupping Care Effectiveness on Flexion Range of Motion*. 9(2), 1539–1544.

<https://doi.org/10.30994/sjik.v9i2.500>

- Teut, M., Ullmann, A., Ortiz, M., Rotter, G., Binting, S., Cree, M., Lotz, F., Roll, S., & Brinkhaus, B. (2018). *Pulsatile Dry Cupping in Chronic Low Back Pain - A Randomized Three-Armed Controlled Clinical Trial*. 1–9.
- Tjahayuningtyas, A. (2019). *Faktor Yang Mempengaruhi Keluhan Musculoskeletal Disorders (Msd) Pada Pekerja Informal*. January, 1–10. <https://doi.org/10.20473/ijosh.v8i1.2019.1>
- Tsuji, T., Matsudaira, K., Sato, H., & Vietri, J. (2016). The Impact Of Depression Among Chronic Low Back Pain Patients in Japan. *BMC Musculoskeletal Disorders*, 1–9. <https://doi.org/10.1186/s12891-016-1304-4>
- Vina Raraswati, Sugiarto, M. Y. (2020). *Faktor-Faktor Yang Berhubungan Dengan Keluhan Muskuloskeletal Pada Pekerja Angkat Angkut Di Pasar Angso Duo Jambi*. 6(1), 441–448.
- Volpato, M. P., Breda, I. C. A., Carvalho, R. C. De, Moura, C. D. C., Ferreira, L. L., Silva, M. L., & Silva, J. R. T. (2020). Journal of Acupuncture and Meridian Studies Single Cupping Therapy Session Improves Pain , Sleep , and Disability in Patients with Nonspecific Chronic Low Back Pain. *Journal of Acupuncture and Meridian Studies*, 13(2), 48–52. <https://doi.org/10.1016/j.jams.2019.11.004>
- Wang, J., Wang, D., Zhao, W., & Wang, Y. (2020). *Effect of Cupping Therapy in the Treatment of Low Back Pain among Nurses in China*.

<https://doi.org/10.24966/ACIM-7562/100092>

Wang, Y., Qi, Y., Tang, F., Li, F., Li, Q., & Xu, C. (2017). *The Effect of Cupping Therapy for Low Back Pain: A Meta-Analysis Based on Existing Randomized Controlled Trials*. 1, 1–9.
<https://doi.org/10.3233/BMR-169736>

Wiranto, A., Ramdan, I. M., & Lusiana, D. (2019). Faktor Yang Mempengaruhi Keluhan Musculoskeletal Disorder Pada Pekerja Penggilingan Padi Kabupaten Penajam Paser Utara. *Husada Mahakam: Jurnal Kesehatan*, 4(8), 439.
<https://doi.org/10.35963/hm:jk.v4i8.153>

Yang, Y., Ma, L., Niu, T., & Niu, X. (2018). *Effects of Pulsatile Cupping on Body Pain and Quality of Life in People with Suboptimal Health: A Randomized Controlled Exploratory Trial*. 30(6), 326–335.
<https://doi.org/10.1089/acu.2018.1313>

Yazdanpanahi, Z., Sc, M., Ghaemmaghami, M., Sc, M., Akbarzadeh, M., & Sc, M. (2017). *Comparison of the Effects of Dry Cupping and Acupressure at Acupuncture Point (BL23) on the Women with Postpartum Low Back Pain (PLBP) Based on Short Form McGill Pain Questionnaires in Iran : A Randomized Controlled Trial*. 11(2), 82–89.