

LAMPIRAN

BIODATA PENELITI



A. Data Pribadi

Nama : Noni Afriani
Tempat, Tanggal Lahir : Loa Duri, 04 April 1999
Alamat Asal : Jl. Padat Karya Rt 8, Loa Duri Ulu, Provinsi Kalimantan Timur
Email : noniafriani44@gmail

B. Riwayat Pendidikan

- Tamat SD : 2012 SD Negeri 006 Loa Janan
- Tamat SMP : 2015 SMP Negeri 1 Loa Janan
- Tamat SMA : 2018 SMA Negeri 7 Samarinda
- Tamat Sarjana : 2022 Universitas Muhammadiyah Kalimantan Timur

Lampiran 2

SURAT PERNYATAAN LITERATURE REVIEW

Saya yang bertanda tangan dibawah ini :

Nama : Noni Afriani

Program Studi : S1 Keperawatan

Judul Penelitian : Pengaruh Terapi Relaksasi Nafas Dalam Terhadap
Perubahan Tekanan Darah Pada Penderita Hipertensi; *Literature Review*

Menyatakan bahwa saya melakukan penelitian skripsi ini menggunakan metode
literature review.

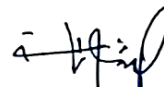
Samarinda, 30 Juni 2022

Penulis



Noni Afriani
1811102411194

Dosen Pembimbing



Ns. Slamet Purnomo., M. Kep
NIDN. 1123019301

Lampiran 3

Judul dan Link

1. The Effect of Deep Breathing Therapy on the Blood Pressure of Hypertension Patients in Health Centre
<https://jurnalfpk.uinsby.ac.id/index.php/jhsp/article/view/285>
2. The Effect of Slow Deep Breathing on Blood Pressure of Hypertension Patients in M. Djamil Hospital Padang 2018
<https://www.knepublishing.com/index.php/Kne-Life/article/view/3845>
3. The Comparison Between Progressive Muscle Relaxation And Slow Deep Breathing Exercise On Blood Pressure In Hypertensive Patients
<https://ejournal-kertacendekia.id/index.php/ICKCNA/article/view/83>
4. The effect of slow deep breathing exercise on blood pressure elderly in PSTW Sabai Nan Aluh, Sicincin Padang Pariaman, 2020
<https://jurnal.syedzasaintika.ac.id/index.php/PICSS/article/view/677>
5. Terapi Relaksasi Nafas Dalam Berpengaruh Terhadap Tekanan Darah Pada Lansia Penderita Hipertensi
<https://journal.stikeskendal.ac.id/index.php/Keperawatan/article/view/1087>
6. Study of effect of slow and deep breathing exercise on blood pressure among the patients with essential hypertension
<https://www.liebertpub.com/doi/abs/10.1089/acm.2008.0609>
7. Effectiveness of slow deep breathing on decreasing blood pressure in primary hypertension: A randomized controlled trial of patients in Atambua, East Nusa Tenggara
https://d1wqtxts1xzle7.cloudfront.net/72407054/cbf6553202cfc3a79e7a771317f30548896c-libre.pdf?1634167466=&response-content-disposition=inline%3B+filename%3DEffectiveness_of_Slow_Deep_Breathing_on.pdf&Expires=1701757007&Signature=c1LKFjzyPU6P4~XOk11ssTUK5dW0T6jllr7p4PSR8qL~q19yQk49r3UnP0ztaUPSVrTi5z9MWxLWyoF~ZomsdZtiHSzeIKPg-queNoe9K0KwCWhrdWJ816HBeyP3LoJTX43FI-uRr5oafLZR9xTSvbaPmvCYdTNFR8LmwuHzuCg8DUrEhilXnUGHmUsJA9crvo6RRthTcOcG6pLK2zMTSdE9PDvIfpZmikS5GI9ZpgBUpeEuARJrqCR1N5nHlnj75lk3wYddUYHOTq42HYdsaUHLBfKJGJvE~MnmDxJ~g7otLDiCcBL0mbxaApQzLwDbad2Qv6CmJD-iyvaJXRuw &Key-Pair-Id=APKAJLOHF5GGSLRBV4ZA
8. Effectiveness of Deep Breathing Against Reduction Blood Pressure in Elderly People with Hypertension in Elderly Compound
https://econpapers.repec.org/article/abfjournal/v_3a33_3ay_3a2021_3ai_3a1_3ap_3a25568-25575.htm
9. Slow Deep Breathing Exercise on Patients' Blood Pressure With Hypertension In Working Area of Kertosari Health Center Banyuwangi 2021
<https://bajangjournal.com/index.php/IJSS/article/view/416>
10. Effectiveness of deep breathing exercise on blood pressure among patients with hypertension

https://ijariie.com/AdminUploadPdf/EFFECTIVENESS_OF_DEEP_BREATHING_EXERCISE_ON_BLOOD_PRESSURE_AMONG_PATIENTS_WITH_HYPERTENSION_ijariie5971.pdf

11. Efektifitas Teknik Relaksasi Nafas Dalam Terhadap Tekanan Darah pada pasien Hipertensi di Jakarta
<https://jurnal.umt.ac.id/index.php/jkft/article/view/2806>
12. Terapi Relaksasi Nafas Mempengaruhi Penurunan Tekanan Darah Pada Pasien Lansia dengan Hipertensi
<https://ejurnal.poltekkesjakarta3.ac.id/index.php/jitek/article/download/2/5>
13. Terapi Relaksasi Nafas Dalam Menurunkan Tekanan Darah Pasien Hipertensi
<https://media.neliti.com/media/publications/97268-ID-terapi-relaksasi-napas-dalam-menurunkan.pdf>
14. Pengaruh Teknik Relaksasi Nafas Dalam Terhadap Penurunan Tekanan Darah Pada Pasien Hipertensi Di Rsud Dr, Soeratno Gemolong Tahun 2018
<https://jprokep.jurnal.centamaku.ac.id/index.php/jpk/article/viewFile/63/54>
15. Penurunan Tekanan Darah Pada Pasien Hipertensi Menggunakan Intervensi *Slow Deep Breathing Exercise*
<https://journal.ipm2kpe.or.id/index.php/JKS/article/view/2917>

Tempat Penelusuran Jurnal Publish or Perish

Harzing's Publish or Perish (Windows GUI Edition) 0.2.3944.8118

File Edit Search View Help

My searches

- Trash

Search terms	Source	Papers	Cites	Cites/y...	h	g	h/...	h/ann...	hA	acc...	Search date	Cache date	Las...
✓ slow deep breathing blood pre...	Crossref	1000	8028	67.46	46	67	26	0.22	9	9	11/07/2022	11/07/2022	0
✓ relaksasi nafas dalam tekanan ...	Google Sc...	1000	1159	289.75	12	20	9	2.25	7	5	14/07/2022	14/07/2022	0
✓ slow deep breathing blood pre...	PubMed	73	0	0.00	0	0	0	0.00	0	0	14/07/2022	11/07/2022	0

Citation metrics

Publication years: 1973-2022
 Citation years: 49 (1973-2022)
 Papers: 73
 Citations: 0
 Cites/year: 0.00
 Cites/paper: 0.00
 Authors/paper: 4.70
 h-index: 0
 g-index: 0
 h₂norm: 0
 h₂annual: 0.00
 hA-index: 0
 Papers with ACC >= 1,2,5,10,20: 0,0,0,0,0

Copy Results
 Save Results

Paper details

Select a paper in the results list (to the left of this pane) to see its details here.

Copy Paper Details

Publited search

Authors: Years: 0 - 0 Search

Affiliations: Search Direct

Full Journal name: ISSN: Clear All

Title words: Revert

Keywords: New

Cites	Per year	Rank	Authors	Title	Year	Publication	Publisher	Type
✓ 0	0.00	1	Gerard Hetho, Die...	Unexpected Cardiovascular Oscill...	2022	Frontiers in physiology		Journal Article
✓ 0	0.00	2	Caroline Sevoz-Co...	Heart rate variability and slow-pa...	2022	Neuroscience and biobeh...		Journal Article
✓ 0	0.00	3	Boligarla Anasuya...	The Cardiovascular Variability dur...	2021	International journal of yo...		Journal Article
✓ 0	0.00	4	William H Barnett...	Heartbeats entrain breathing via ...	2021	Experimental physiology		Journal Article
✓ 0	0.00	5	Erick G P de Lucen...	Hypopressive exercise in normot...	2021	Journal of bodywork and ...		Case Reports
✓ 0	0.00	6	Katherine Ka-Yin ...	Effects of diaphragmatic deep br...	2021	Complementary therapies...		Journal Article
✓ 0	0.00	7	M Felton, V A Hun...	Effects of slow and deep breathin...	2021	Hypertension in pregnancy		Clinical Trial Pr...
✓ 0	0.00	8	Thapanawong Mit...	The effect of pursed-lip breathin...	2021	Journal of clinical hyperte...		Journal Article
✓ 0	0.00	9	Ali Gholamrezaei...	Psychophysiological responses to...	2021	Psychophysiology		Comparative S...
✓ 0	0.00	10	William H Barnett...	Traube-Hering waves are formed ...	2020	Journal of applied physiol...		Journal Article
✓ 0	0.00	11	Francesca Izzi, Feb...	Autonomic functions in focal epil...	2020	Journal of the neurologic...		Journal Article
✓ 0	0.00	12	Jacqueline Brenne...	Mindfulness with paced breathin...	2020	Medical hypotheses		Journal Article
✓ 0	0.00	13	Andy Schumann, ...	Sympathetic and Parasympatheti...	2020	Frontiers in neuroscience		Journal Article
✓ 0	0.00	14	Hassan Jafari, Ali ...	Can Slow Deep Breathing Reduce...	2020	The journal of pain		Journal Article
✓ 0	0.00	15	Imke Courtois, Ali ...	Respiratory Hypoalgesia? The Effe...	2020	The journal of pain		Journal Article
✓ 0	0.00	16	S A Manandhar, T...	Immediate Effect of Slow Deep Br...	2019	Mymensingh medical jou...		Journal Article
✓ 0	0.00	17	Donald J Noble, S...	Hypothesis: Pulmonary Afferent ...	2019	Frontiers in physiology		Journal Article
✓ 0	0.00	18		Influences of respiratory muscle...	2019	Frontiers in physiology		Journal Article

Tools






- Preferences...
- Online User's Manual
- Frequently Asked Questions
- Training Resources
- YouTube Channel
- Become a PoP Supporter

LAMPIRAN 2




LEMBAR KONSULTASI

NAMA : NONI AFRIANI
NIM : 1811102411194
JUDUL PROPOSAL : PENGARUH TERAPI RELAKSASI NAFAS
DALAM TERHADAP PERUBAHAN TEKANAN
DARAH PADA PENDERITA HIPERTENSI
PEMBIMBING : Ns. Slamet Purnomo, M. Kep

NO	TANGGAL	KONSULTASI	SARAN	PARAF
1.	1 September 2021	Judul	Judul ACC	
2.	8 November 2021	BAB 1,2,3	Penulisan paragraph 2-3 kalimat Antar paragraf berkesinambung Dampak hipertensi	
3.	20 Desember 2021	BAB 1,2,3	Perbaiki sitasi, penambahan kalimat di bagan kerangka teori	
4.	25 Januari 2022	BAB 1,2,3	Prevalensi tahun WHO, perbaiki paragraph dalam satu halaman	

5.	2 Februari 2022	BAB 1 dan 2	Perbaiki urutan prevalensi data internasional, nasional dan lokal	
6.	21 Februari 2022	BAB 1&2	Menambahkan etiologi dan faktor resiko, Menambahkan manfaat penelitian	
7.	2 Maret 2022	BAB 1,2,3	Proposal ACC	
8.	10 Maret 2022	BAB 1,2,3	Menambah teori tentang tekanan darah Memperbaiki kriteria inklusi Menambahkan Analisa data	
9.	17 Maret 2022	BAB 1,2,3	Proposal ACC	

10.	29 Maret 2022	BAB 4	Mencari jurnal yang terkait	→/✓
11.	31 Maret 2022	BAB 4	Perbaiki jurnal	→/✓
12.	1 April 2022	BAB 4	Menambahkan jurnal	→/✓
13.	3 April 2022	BAB 4	Melengkapi jurnal	→/✓
14.	12 Juni 2022	BAB 4	Perbaiki pembahasan, frekuensi, perbaiki kesimpulan	→/✓
15.	13 Juni 2022	BAB 4,5	Menambahkan 2 sitasi, menambahkan kesimpulan	→/✓
16.	15 Juni 2022	BAB 4,5	Menambahkan judgment, melengkapi 3 sitasi	→/✓
17.	20 Juni 2022	BAB 4,5	ACC	→/✓

18.	21 Juli 2022	BAB 3,4,5	Memperbaiki diagram flow, Mengganti jurnal yang tidak sesuai pada tabel bab 4, Menambahkan penurunan terbanyak, Judgment untuk tekanan darah diastolik yang tidak signifikan, Menambahkan bukti pencarian jurnal	 
19.	21 Juli 2022	BAB 1-5	ACC	

SKR : Pengaruh Terapi Relaksasi Nafas Dalam Terhadap Perubahan Tekanan Darah Pada Penderita Hipertensi: Literature Review

by Noni Afriani

Submission date: 15-Aug-2023 09:21PM (UTC+0800)

Submission ID: 2146195276

File name: Skripsi_Noni_Afriani_11102411194_parafrase.docx (58.76K)

Word count: 7503

Character count: 47410

SKR : Pengaruh Terapi Relaksasi Nafas Dalam Terhadap Perubahan Tekanan Darah Pada Penderita Hipertensi: Literature Review

ORIGINALITY REPORT

30% SIMILARITY INDEX	31% INTERNET SOURCES	18% PUBLICATIONS	13% STUDENT PAPERS
--------------------------------	--------------------------------	----------------------------	------------------------------

PRIMARY SOURCES

1	dspace.umkt.ac.id Internet Source	15%
2	journals.umkt.ac.id Internet Source	3%
3	123dok.com Internet Source	2%
4	jurnal.umt.ac.id Internet Source	2%
5	repository.bku.ac.id Internet Source	1%
6	repository.usahidsolo.ac.id Internet Source	1%
7	eprints.poltekkesjogja.ac.id Internet Source	1%
8	repository.lppm.unila.ac.id Internet Source	1%
	jurnal.akperdharmawacana.ac.id	