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We have reached a decision regarding your submission to Indonesian Journal of Environmental Management and Sustainability, "Indoor Air Quality of Physical and Microbiological in an University".

Our decision is to accept your submitted manuscript for publication in Indonesian Journal of Environmental Management and Sustainability.

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Manuscript No.:
Date of Submitted: 31 January 2022
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1. Please explain in detail where the sampling conducted

Already explain on 2.2 Location and time for sampling (line 84-85): That locations are library, lecture room 1, toilet, lecture room 2, laboratory and classroom.

2. References should fit with journal template

Already revised in citation and bibliography reference follow APA

3. Quality of figure should be clear

Figure already clear (line 112-118; line 148-153; 176-185; 262-270; 277-282)

4. The data in the table also should be cleared

Table already clear (line 217-218)

5. Acknowledgement should be change to sponsorship of this reseaech or at least laboratory

Already revised (line 302-303): We would like to thank for laboratory assistant in Universitas Muhammadiyah Kalimantan Timur laboratory already helped to measure and analysis the microbiology

6. Title should be added what is university

Already revised the title: Indoor Air Quality of Physical and Microbiological in Universitas Muhammadiyah Kalimantan Timur

1. the abstract is shortened, the abstract contains a little introduction, methods, and research results. Abstract should be written in an interesting way and show the aim and results of the research.

It is already revised follow as advise in abstract line 13-15:

Indoor air quality is important for mental health and comfortable environment inside the rooms. Poor indoor air quality has impact to the Sick Building Syndrome to occupant in the rooms. Physical and microbiological are factors influence the indoor air quality. Purpose of this study is measure indoor air temperature, humidity and microbiological in Universitas Muhammadiyah Kalimantan Timur in the morning and afternoon. Method used field measurement, microbiological laboratory analysis and regression test by SPSS. High temperature and microbiology occur in the afternoon, humidity is not significant between morning and afternoon. Temperature and humidity were influenced by ventilation and use of air conditioner in the rooms. Ventilation, Efficiency air circulation, building type, maintenance air conditioner and occupant density are factors getting clean and health indoor air quality for keep comfortable environment. Statistical analysis result temperature and humidity has not affected the indoor air microbiological increase.

2. In experimental section, location and time for sampling.

The authors should added where university that used. Not only in indonesia as tropical region. Indonesia has many university!

It is already revised in Line 76, line 83 (This study was organized in Universitas Muhammadiyah Kalimantan Timur, Indonesia)

3. The graphs should be followed ijoems template.

It is already revised in line 119, 154, 187, 271, 283

4. Overall of manuscript still has grammatical error.

I already revised.

5. Suggestion in future research is not allowed mentioned in conclusion.

It is already revised in line 298, the suggestion has been deleted.

1 **Indoor Air Quality of Physical and Microbiological in Universitas Muhammadiyah**
2 **Kalimantan Timur, Indonesia**

3

4 Vita Pramaningsih^{1,*}, Rusdi¹, Slamet Isworo², Ratna Yuliawati¹

5

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11

12 **Abstract**

13 Indoor air quality is important for mental health and comfortable environment inside the rooms.
14 Poor indoor air quality has impact to the Sick Building Syndrome to occupant in the rooms.
15 Physical and microbiological are factors influence the indoor air quality. Purpose of this study is
16 measure indoor air temperature, humidity and microbiological in Universitas Muhammadiyah
17 Kalimantan Timur in the morning and afternoon. Method used field measurement, microbiological
18 laboratory analysis and regression test by SPSS. High temperature and microbiology occur in the
19 afternoon, humidity is not significant between morning and afternoon. Temperature and humidity
20 were influenced by ventilation and use of air conditioner in the rooms. Ventilation, Efficiency air
21 circulation, building type, maintenance air conditioner and occupant density are factors getting
22 clean and health indoor air quality for keep comfortable environment. Statistical analysis result
23 temperature and humidity has not affected the indoor air microbiological increase.

24

25 **Keywords:** *microbiological content, humidity, temperature, indoor air*

26 **1. Introduction**

27 The result of available research of indoor air quality, include temperature, humidity and inefficient
28 ventilation have harmful to the person in the building (Bragoszewska et al., 2020). People often have more
29 indoor activities during the day than outdoor. It will be high impact to exposed indoor air contaminant as
30 physical, chemical and microbiological. Physical and microbiological Indoor air quality is very important on
31 mental health for people in the building and improved learning performance of the students (Wargocki et

32 al., 2020). Especially in the university rooms, there are students and lectures have activity in there. They
33 need comfortable atmosphere to have focus and concentration for learning. Need attention to control the
34 physical factor in indoor air to avoid growth microbiology for keep healthy the people in the school
35 (Andualem et al., 2019). Temperature and humidity is physical parameters that affect growth the
36 microbiological content in the indoor air (Bragoszewska et al., 2020), (Andualem et al., 2019).

37 Previous result show the lowest microbiological content in school is 450,67 CFU/m³ and highest is
38 7740,57 CFU/m³ (Andualem et al., 2019). Almost microbiological indoor air content is pathogen and effect
39 to allergenic (Stryjakowska-Sekulska et al., 2007), (Fsadni et al., 2017). Poor indoor air quality has impact
40 to *Sick Building Syndrome* (SBS) to the people in the buildings. Microbiological as fungi can be hazardous
41 for health and can breed allergies, Sick Building Syndrome because of irritation, bad physical condition,
42 tiredness, dermatosis, asthma, and cancer (Stryjakowska-Sekulska et al., 2007). High contaminant of
43 bacteriology in indoor air causing sick building syndromes, allergy rhinitis asthma and conjunctivitis
44 (Hayleeyesus & Manaye, 2014). Indoor air quality is affected by specific classroom, room cleaning
45 processes, and maintenance (Fsadni et al., 2017). Rooms have ventilation and Air Conditioning (AC) need
46 maintenance continually and the ventilation should follow the standard that the rooms have nice of air
47 circulation control for health. It is impact to the temperature, humidity and the microbiological growth in the
48 indoor air. The great maintenance, cleaning and nice air circulation would give nice indoor air quality (Fsadni
49 et al., 2017). It is depend on the characteristic building and weather in each country in the world.

50 Factors that affect to the indoor quality not only physical, chemical parameters but also
51 microbiological. Physical as temperature, humidity; chemical as concentration of Carbon Dioxide (CO₂) and
52 microbiological as fungi and bacteria. Improving indoor air quality also affected number of people in the
53 rooms, more ventilation are better to decrease Carbon dioxide (CO₂) concentration and total microorganism
54 in the air (Rejc et al., 2020). Poor indoor air qualities give impact to the mental health and physical health
55 occupants in the rooms that it disturbing the concentration. Mechanical ventilation selection and keep
56 environmental sustainability needed to produce healthy environment especially for indoor air quality.
57 Energy cost for effective and best ventilation is possible to obtain healthy indoor air quality, reduce energy
58 consumption and environmental sustainability as guarantee for occupant's health, safety and wellbeing
59 (Balocco & Leoncini, 2020).

60 Because of the importance indoor air quality for human health inside the rooms, this study was
61 measured. The objective of this study is analysis how the indoor air quality in the university rooms especially
62 for temperature, humidity and microbiological.

63 **2. Experimental Section**

64 **2.1. Methods**

65 Measurement was conducted at 6 rooms in Universitas Muhammadiyah Kalimantan Timur
66 and measure in different time. Bacteria sampling procedure refers to the previous researchers.
67 The media prepare in laboratory and measure to the fields. Physic parameters collected are
68 temperature and humidity, those are measure used Hygrometer. Overalls will analysis follow
69 standard and continues to evidence by statistical analysis. The steps are normality data test,
70 multiple linear regression test and partial regression test.

71 **2.2. Location and Time for Sampling**

72 This study was organized in Universitas Muhammadiyah Kalimantan Timur, Indonesia.
73 Location of measurement was chosen by purposive sampling considering the high activity in the
74 rooms. That locations are library, lecture room 1, toilet, lecture room 2, laboratory and classroom.
75 Time for measure of the parameter is twice in a day, in the morning (at 8.30 AM) and afternoon
76 (at 02.00 PM) that the location, Indonesia is a tropical region.

77 **2.3. Bacteria Sampling Procedure**

78 Temperature and humidity measure in each room immediately at the same time in the
79 morning and afternoon using thermo hygrometer. Microbiological sampling and measurement
80 using settle plate method: open petri dishes include the same media then isolated in 24h at 37°C
81 with 9 cm diameter petri dishes (Hayleeyesus & Manaye, 2014). After that, identify process by
82 microscopic to calculate Colony Forming Units (CFU) in laboratory (Bragoszewska et al., 2020),
83 (Stryjakowska-Sekulska et al., 2007), (Hayleeyesus & Manaye, 2014), (Basińska et al., 2019).
84 Calculation of CFU following equation below (Hayleeyesus & Manaye, 2014).

$$85 \quad N = 5a \times 10^4 (bt)^{-1}$$

86 Where:

87 $N = \text{Indoor Air Microbiology (CFU/m}^3\text{)}$

88 $a = \text{Number of Colonies per Petri Dish}$

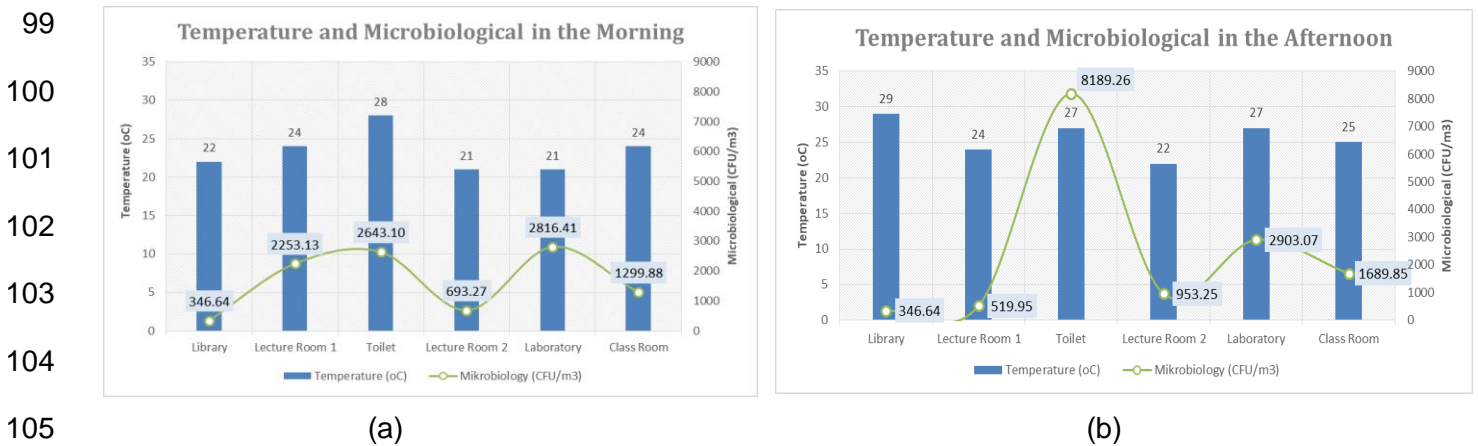
89 $b = \text{Dish Surface (cm}^2\text{)}$

90 $t = \text{Exposure Time (min)}$

91 3. Results and Discussion

92 3.1. Temperature and Microbiology

93 Result of indoor air temperature and microbiological in the morning and afternoon is
94 presented in Figure 1. Highest temperature occurs in toilet, highest microbiological content in
95 laboratory. It measured in the morning that a lot activities the students practice material in
96 laboratory. Highest temperature in toilet was depended on field temperature compare with another
97 rooms use air conditioning. Indoor temperature and humidity be affected by outdoor temperature
98 and efficiency of ventilation system (Baurès et al., 2018), (Wolkoff, 2018).



107 **Figure 1.** Indoor air temperature and microbiology: (a) in the morning and (b) afternoon

108 Indoor air temperature and microbiological content in some rooms in the afternoon was
109 higher than morning. It caused that afternoon high occupant with several activities in rooms.
110 Indoor air temperature exceeded 25°C, which favors of fungi growth increase (Zender-Świercz et

111 al., 2019). Surviving of the microbiological growth is depend on some environment factors as
112 temperature and humidity but also their type, kind of species and physic, chemical properties
113 (Wolkoff, 2018). The accumulation of dust on air conditioning filter and floor surface contribute
114 as source of indoor air bacteria and fungi (Osman et al., 2018). Great maintenance, cleaning the
115 rooms, nice circulation and ventilation system give the benefit for nice indoor air quality (Fsadni
116 et al., 2017).

117 The amount of microbiology in all rooms also fluctuates, but almost all the rooms the number
118 of microbiology increases during the day because the activity of occupants was increase.
119 Temperature and humidity affect to the microbiological growth. Both low and high humidity favors
120 transmission and survival of influenza virus but the relationship between temperature, humidity
121 and virus depend on the virus type and its physical and chemical properties (Wolkoff, 2018).
122 Carpets are source of chemical indoor air pollutant and on the low humidity support microbial
123 growth (Haines et al., 2020). Microbiological indoor air quality in a building is depends on
124 ventilation system and individual occupant health condition.

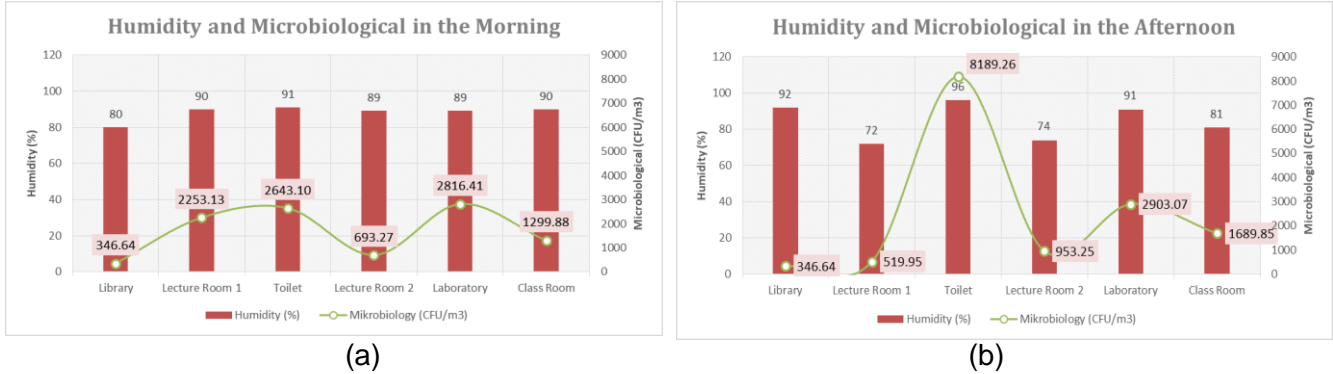
125 **3.2. Humidity and Microbiology**

126 Indoor air temperature and humidity is influenced the weather, outdoor temperature, air
127 conditioning and ventilation. Highest humidity occurs in toilet for morning and afternoon is
128 presented Figure 2. Humidity in some rooms in the morning was higher than the afternoon. It was
129 difference with toilet, temperature and humidity in the morning and afternoon just a little bit
130 deviation. Because only in toilet without air conditioning, windows but use exhaust fan for air
131 circulation. Beside that ventilation, air flow and density of occupants also affect it. Indoor humidity
132 in some locations depends on the weather, building design and ventilation (Wolkoff, 2018). A lot
133 of study said that ventilation system and design give impact to the indoor air quality (Hayleeyesus
134 & Manaye, 2014), (Wolkoff, 2018), (Enitan et al., 2017), (Rejc et al., 2020).

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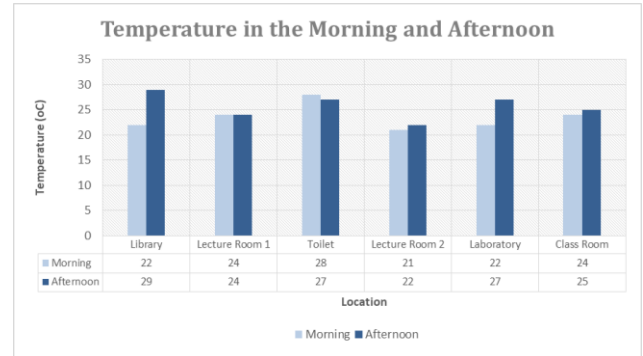
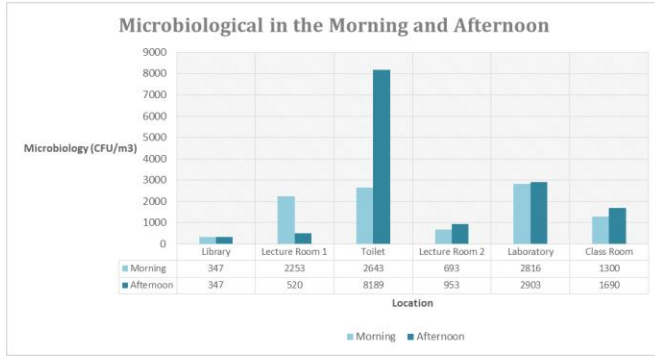
143 **Figure 2.** Indoor air humidity and microbiology: (a) in the morning and (b) afternoon

144 The room had highest humidity also had highest microbiological. Almost the rooms show
145 increasing humidity was followed increasing microbiological content except library. It is means
146 high humidity is not more support microbiological growth as same as high temperature also. But
147 compare indoor air temperature and humidity show increasing humidity more support
148 microbiological increase than increasing temperature. There is an analysis presented humidity
149 has relationship with number of bacteria and fungi is compared with temperature (Stojanović Bjelić
150 et al., 2020). Microbiological growth was affected by their type, physic and chemical properties
151 (Wolkoff, 2018). But in difference case that already known the type of microbiological as studied
152 in Malaysia, SARS-CoV-2 can still spread in higher humidity and temperature (Suhaimi et al.,
153 2020). It means the type and properties of microbiological are suitable to growth and survive in
154 that environment.

155 **3.3. Microbiology, Temperature and Humidity in the Morning and Afternoon**

156 Microbiological, temperature and humidity content in in the morning and afternoon from all
157 rooms was measured is presented in Figure 3. Highest microbiological showed in the toilet in
158 afternoon, the second in the laboratory and third in the classrooms. Almost rooms had higher
159 microbiological content in the afternoon than morning. Microbiological contents increase
160 significantly in the toilet. It happened because of increasing people density and increasing
161 humidity in the afternoon. Many activities and increasing occupants in the rooms give impact to
162 increasing microbiological. Occupants usually increase in the afternoon. It is mean total

163 microbiological content influenced by density of the activities occupants in a room. Reduction of
 164 the occupants in the rooms are recommended to keep healthy indoor air quality (Rejc et al., 2020),
 165 (Grisoli et al., 2019), (Zender-Świercz et al., 2019).



166

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(a)

(b)

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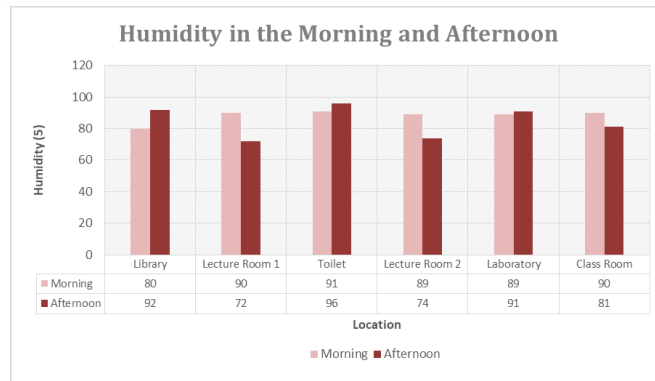
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(c)

175

176 **Figure 3.** Indoor Quality in the Morning and Afternoon; (a) Indoor Air Microbiology; (b) Indoor Air
 177 Temperature; (c) Indoor Air Humidity

178

179 There are Air Conditioners in the rooms except toilet use blower. All rooms had higher
 180 temperature in the afternoon than morning except toilet. It happened because of the ventilation
 181 system and the environment inside the toilet. Indoor air humidity in the library, toilet and laboratory
 182 was higher in afternoon than morning. Indoor air humidity was not affected morning and afternoon
 183 temperature. High indoor air humidity occurs in library, toilet, laboratory in afternoon and lecture
 184 room 1, classroom, lecture room 2 in the morning. The highest occurs in toilet in afternoon.

185 Temperature and humidity also influenced by ventilation system, bad air circulation and
 186 water contact continually. Building design and ventilation influence indoor air temperature and

187 humidity (Wolkoff, 2018). Great maintenance, cleaning and nice air circulation are factors nice
 188 indoor air quality (Fsadni et al., 2017). High temperature occurs in library and laboratory in the
 189 afternoon affected by density of the occupants, air circulation, air conditioning and ventilation.
 190 There was increasing people activities read the books, learning and laboratory practical.
 191 Temperature and humidity are affect to the indoor air quality and human health inside the rooms
 192 (Wolkoff, 2018), (Zender-Świercz et al., 2019), (Pitarma et al., 2017). Both low and high indoor
 193 air humidity support influenza virus life in many studies, but relationship between temperature,
 194 humidity and virus and aerosol dynamics is complex, finally depend on individual virus type and
 195 its physical and chemical properties (Wolkoff, 2018).

196 Microbiological, temperature and humidity measurement of indoor air is very important
 197 identification for determine indoor air quality. It is very important to protect the health and comfort
 198 of the people in the rooms. The result of microbiological, temperature and humidity measurements
 199 were compared with standard. Indoor air quality standard in office according to the regulation of
 200 minister of Health of the Republik Indonesia No. 48 Year 2016 (Indonesia Minister of Health,
 201 2016) is presented in Table 1. Almost all location of measurement exceeded standard for
 202 microbiology except library 346.64 CFU/m³. Temperature in the rooms still meet the standard and
 203 the humidity exceeded standards for all location of measurement. The other research presented
 204 the mean result of the study about microbiological in the schools show 4378.82 CFU/m³ (Enitan
 205 et al., 2017).

206 **Table 1.** Measurement Result Compare the Standard

Parameter	Measurement Results	Standard	Information
Temperature (°C)	21.5 - 27.5	23 - 26	meet the standards
Humidity (%)	81 - 93.5	40 - 60	exceeded standards
Microbiology (CFU/m ³)	346.64 - 5416.18	700	exceeded standards, except library

207
 208 Indoor air quality monitoring is very important to maintain the health and comfort of its
 209 occupants. Evaluation of Global Index of Microbiological (GIM/m³), Index of Mesophilic Bacterial

210 Contamination (IMC) and the Amplification Index (AI) are indices that calculate contaminant factor
211 of indoor and outdoor microbial, efficiency of ventilation system and density level in the building
212 (Grisoli et al., 2019). Indoor air quality is affected by outdoor air quality beside of material building,
213 ventilation system and density of the occupants. Beside that used active Air Purifiers (APs) can
214 reduce particles less than 3.3 μm and bacteria by 16% (Bragoszewska et al., 2019).

215 Type of ventilation, efficient and regularly maintenance of air conditioners are important
216 factors to keep better hygienic indoor air quality (Bragoszewska et al., 2018). Healthy quality of
217 indoor air in the building can be improved by avoid overcrowding and good design ventilation
218 system (Hayleeyesus & Manaye, 2014). Overcrowding in the rooms caused poor indoor air quality
219 especially for temperature, humidity and carbon dioxide (Zender-Świercz et al., 2019). Improved
220 indoor air quality can be done by used a good ventilation design and carefully select the
221 construction material for building (Idris et al., 2020). Monitoring indoor air quality is needed to
222 reduce sick building syndrome especially for parameters: temperature, humidity, carbon
223 monoxide, carbon dioxide and luminosity (Pitarma et al., 2017). High concentration of indoor
224 bacterial aerosol needs kindly attention to avoid risk exposure to the children health (Enitan et al.,
225 2017). Carpet and rugs currently often used in building and schools. Carpet can influence our
226 exposures to particles and volatile compounds in the indoor air. Good Cleaning process of the
227 carpet could be optimized to minimize negative impact for human health (Haines et al., 2020).
228 Various solutions to obtain healthy school environment is needed effective and efficiency energy
229 and choose the best ventilation design for improve indoor air quality (Balocco & Leoncini, 2020).

230 Indoor air quality is an important factor affecting to the human health. People are more
231 activity indoors during the day than outdoors. It is will be high risk to exposed indoor air pollutants
232 in physical, chemical and biological contaminants. Risk of exposed poor indoor air quality is
233 allergies, Sick Building Syndrome because of irritation, bad physical condition, tiredness,
234 dermatosis, asthma, and cancer (Stryjakowska-Sekulska et al., 2007). Relevant risk of bio aerosol
235 exposures are respiratory diseases, including coughing, irritated eyes or throat, allergic rhinitis,

236 aggravation of asthma and some infectious diseases (Jiayu et al., 2019). The other effect is allergy
 237 and lung inflammation because of exposure PM_{2,5} and NO₂ (Isa et al., 2020). Outdoor air quality
 238 of Particle Number Concentration (PNC) have effected on Microvascular Function (MVF) and
 239 indoor air quality of PM_{2,5} and bio-aerosols causing inflammation and lung cell integrity (Karotki
 240 et al., 2015). Bio aerosols exposures can entry to the human body by inhalation, ingestion and
 241 dermal contact (Jiayu et al., 2019). Concentration of PM 10,PM 2,5 and microbiological in an
 242 university in Poland exceeded the standard and can affect to the significant health risk (Wolny-
 243 Koładka et al., 2019). Those are some risks of human health was affected poor indoor air quality.

244 **3.4. Statistical Analysis**

245 Based on data analysis obtained normal data with a significance value of 0.992, greater
 246 than 0.05 and continued to proceed with multiple linear regression test, presented in Figure 4.
 247 Significant value when the independent variables (temperature and humidity) were tested
 248 simultaneously on the number of microbes, the F value 3.841 or sig value 0.149 was obtained.
 249 This shows 0.149 > 0.05, then there is no effect between temperature and humidity
 250 simultaneously on the number of microbes.

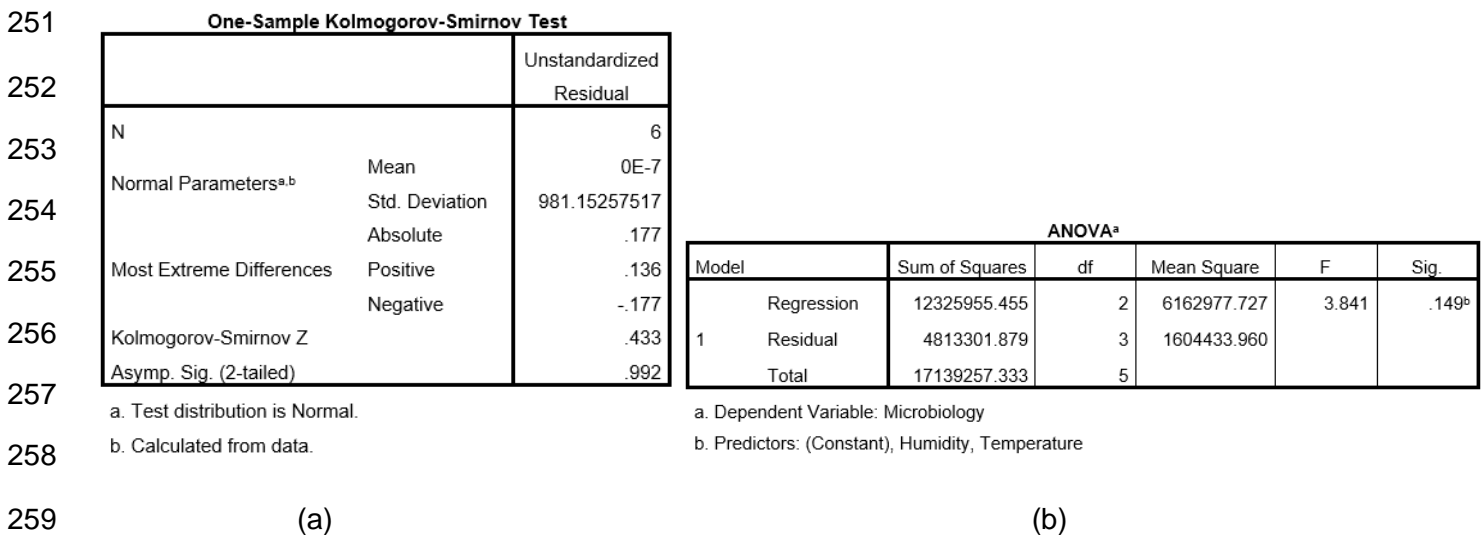


Figure 4. Data Analysis; (a) Normal Data Distribution; (b) Multiple Linear Regression Test

261 Then regarding a partial regression test, the temperature variable on the number of
 262 microbes is obtained the value of t (1.629) or sig value 0.179, presented in Figure 5. This shows
 263 $0.179 > 0.05$, there is no effect between temperature partially on the number of microbes. Variable
 264 humidity partially to the number of microbes, obtained the value of t (3.200) or sig value 0.033.
 265 This shows $0.033 < 0.05$, so there is simultaneous effect of humidity on the number of microbes.

266

Coefficients^a

Model	Unstandardized Coefficients		Standardized Coefficients	t	Sig.
	B	Std. Error	Beta		
1 (Constant)	-12170.264	8756.618		-1.390	.237
Temperature	572.816	351.627	.632	1.629	.179

270

a. Dependent Variable: Microbiology

Coefficients^a

Model	Unstandardized Coefficients		Standardized Coefficients	t	Sig.
	B	Std. Error	Beta		
1 (Constant)	-25724.501	8692.815		-2.959	.042
Humidity	321.146	100.361	.848	3.200	.033

271

a. Dependent Variable: Microbiology

272

Figure 5. Partial Test

273 There are some factors influence the number of indoor air microbes as temperature,
 274 humidity but also their type and properties, kind of species and physic, chemical properties
 275 (Wolkoff, 2018). But in this study gets result just from partial analysis that temperature not effects
 276 the number of microbes. Its difference result from multiple regression test that temperature and
 277 humidity not effect to the number of microbes.

278 4. Conclusion

279 Factors have effect to the indoor air quality are physical, chemical and microbiology. Result
 280 of this study overall showed that the highest temperature occurs in library, highest humidity and
 281 microbiological occurs in toilet in the afternoon. Base on the result for all rooms, indoor air

282 temperature and humidity does not affect to the microbiological content. It shows in statistical
283 analysis that independent variables (temperature and humidity) simultaneously have no effect on
284 the dependent variable (number of microbes). Except, result of partially test there is no effect of
285 temperature but humidity effect the number of microbes. Perhaps there are kinds of
286 microbiological does not suitable with the humidity then die. The others still living cause suitable
287 with the environment, it is depend on type and property of the microbiological.

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