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## Submissions

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### Submission Preparation Checklist

As part of the submission process, authors are required to check off their submission's compliance with all of the following items, and submissions may be returned to authors that do not adhere to these guidelines.

- The submission has not been previously published, nor is it before another journal for consideration (or an explanation has been provided in Comments to the Editor).
- The submission file is in OpenOffice, Microsoft Word, or RTF document file format. PDF format is not allowed for the submission.
- The contactable phone number (WhatsApp) is provided on the title page of the manuscript.
- Please add the ethical clearance letter when your study involved human.
- The author is considered to accept the Editor's advice when the article required collaboration with abroad author.

#### Editor cornerstone

Sumarno Adi Subrata Ph.D, as *Editor-in-Chief*, has research expertise in wound care and urology. He is also a member of the Wound Care Alliance in the UK. To fulfill the growing need for nursing care, he developed several algorithms in the wound care and urology care process. As of late, he has published a number of articles and serves as a reviewer in reputable international journals.

#### Certificate of accreditation

The certificate can be accessed [here](#)



#### Announcement

JHNS will publish English articles starting from January 2022 (Vol. 9, issue 1). Therefore, all the submitted articles should be written in English. We also receive other types of paper such as perspective, case studies, image in nursing, and correspondence. If you have any questions related to the submission,

## Responses to Reviewers' Comments

The line numbers may be changed during the submission process; hence, we have used location descriptors to identify where in the text we have made the changes

**Reviewer**

Number	Comments and Questions	Response
1	Author/s have mixed introduction and literature review section. Please separate both sections and in the introduction section only discuss the area of research in general and explain the study objectives.	Thank you for your comment. We have highlighted this in our manuscript, please refer to tracked LITERATURE REVIEW page 2.
2	Add separate section for "Literature review" In the literature review section, author/s can discuss past research findings. Please cite to provide current picture about Sleep Disorder and its	A LITERATURE REVIEW has been added and separate section Please refer to tracked version in page 3. We have already change latest literature from 2016-2020 and follow your advice.

	Psychological Impact on Retired Elders.	
3	Please add separate section for “ <i>Data extraction and synthesis</i> ” “Quality assessment” “Study selection” “statistical methods” and name it as “Methodology”.	A METHODOLOGY has been added, We have highlighted this in our manuscript. Please refer to tracked version in page 5.
4	In the method section, please explain exclusion criteria of the of the past studies.	This point has been addressed in the METHOD SECTION. Please refer to tracked version METHOD SECTION, sentence beginning with “Editorials, systematic reviews, literature reviews, proceeding letters, conference abstracts, and non-peer reviewed journals were excluded”.
5	Please clearly discuss the study implication after the discussion. Please explain how findings of this study contribute towards theory and practice.	This point has been added after IMPLICATION. We have highlighted this in our manuscript,. Please refer to tracked version in page 24.
6	Please make separate headings for study limitations after the implications section and discuss the study limitations and based on these limitations, please propose future research directions.	A LIMITATION has been added, we have highlighted this in our manuscript. Please refer to tracked version in page 24.

7	Please request native English speaker to do language editing of this paper. Currently there are many grammatical and structural errors are in the paper which makes this paper difficult to read and understand.	This Point, We will send certificate English proof read
8	Please reduce the word limit and make it between 6000-8000 maximum.	This point, We have separated APENDIX . Methodological quality of included studies Joana Brings checklist and keyword search tool into different folder